



WFP/Manoocher Deghati

## Food for Work/Food for Training Program

Friends of the World Food Program (Friends of WFP) supports the value of work and of helping people acquire the training necessary to feed their families and rebuild their nations in the wake of armed conflict and natural disasters.

People who must spend all day looking for food don't have the time to invest in learning new job skills, improving their agricultural practices or rebuilding their communities. Hunger can become a self-fulfilling cycle – but the United Nations World Food Program (WFP) offers a way out.

WFP's Food for Work programs provide food as payment when people work to build roads, bridges, hospitals, schools, ports and other essential elements of their communities' infrastructure. Meanwhile, Food for Training programs offer food to people who participate in projects that

teach skills, such as sewing or gardening, or offer education on nutrition and health.

### Managing the Land

Thanks to the food assistance from WFP, people are able to devote their time to developing their communities. In particular, food wages encourage farmers to create irrigation systems that can increase crop yield 100 to 400 percent. WFP also helps farmers to conserve the soil for future use in planting or for grazing by livestock.

### Rebuilding the Community

After a disaster, WFP helps entire communities get back on their feet. For example, following the 2008 cyclone that struck Myanmar, WFP enabled thousands of people to rebuild roads, construct dams, replant forests and much more. From job training to reconstructing communities, WFP assists people not only with their mere survival, but for long-term recovery.



WFP/Alejandro Chicheri

### Claudina Condori, Bolivia

As a subsistence farmer in the hills of Bolivia, Claudina Condori struggled to feed her five children. But by attending classes in a WFP Food for Training program, she began building a better future for them. Not only did she gain literacy and math skills, but she also received WFP food for her family. One year, she was appointed chairwoman of the learning center's food distribution committee. She also wants to use her new reading and writing skills to serve local grassroots organizations.

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Friends of the  
World Food Program